

# Diabetes Prevention Programs

Evidence-based programs that can help you reach PCMH and meaningful use

National Diabetes Prevention Program

Chronic Disease Self Management Program

Evidence-based programs that can help you reach PCMH and meaningful use	National Diabetes Prevention Program	Chronic Disease Self Management Program
Provide educational resources or refer 50% of patients to educational resources to assist in self-management	✓	✓
Use EMR to identify patient-specific education resources and provide to more than 10% of patients		✓
Develop and document self-management goals in collaboration with at least 50% of patients	✓	✓
Document self-management abilities for at least 50% of patients/families	✓	
Provide self-management tools (for patient to record self-care results) to at least 50% of patients/families	✓	✓
Counsel at least 50% of patients/families to adopt healthy behaviors	✓	✓
Maintain current resource list on five topics or key community services areas of importance to practice's population		✓
Track referrals provided to patients	✓	✓
Arrange or provide treatment for mental health and substance abuse disorders	✓	
Offer opportunities for health education and peer support		